



APRIL 2022 E NEWS

E-NEWS

THE ST. ANDREW'S
SOCIETY OF WINNIPEG



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Celebrating Tartan Day at the Manitoba Legislature



Evelyn Mitchell, President; Dwight MacAulay, Chair-Culture & Heritage Committee; Madam Speaker, Myrna Driedger; Pam Simmons, 1st Vice President; Peter Heavysage, 2nd Vice President.

In celebration of Tartan Day in Canada, members of the St. Andrew's Society were introduced in the Manitoba Legislature by Madam Speaker, Myrna Driedger. April 6 was officially declared Tartan Day by the Minister of Canadian Heritage on October 21, 2010. It is celebrated because it is the anniversary of the signing of Declaration of Arbroath in 1320, the Scottish declaration of independence.

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The Great Canadian Kilt Skate - Home Edition Defending our City's Title



“ We will defend our title to prove a point that the Scottish are resilient, brave, stubborn and courageous, even if it means wearing Scottish kilts in -41C weather,” says Evelyn Mitchell, Society President.

After winning the 2021 national title as Kilt Skate Capital of Canada, the St. Andrew's Society of Winnipeg defended its title on February 21 in frigid temperatures on Louis Riel Day at The Forks.

“We will defend our title to prove a point that the Scottish are resilient, brave, stubborn and courageous, even if it means wearing Scottish kilts in -41C weather,” says Evelyn Mitchell, Society President.

Thirty-five brave skaters and friends followed the Society's Kilt Skate flag down the Nestaweya River Trail. Hon. Col. Jon Baker and members of the Queen's Own Cameron Highlanders joined everyone who met at the entertainer, Al Simmons' Warming Hut. Since it was too cold for bagpipes, Al was on hand to play a Scottish tune and offer moral support to everyone.

As of this newsletter's printing, we still do not know if we retained the title to be won by social media posts, likes and shares, photos, and media attention.

The Great Canadian Kilt Skate began in 2015 with several Canadian cities participating, including Montreal, Ottawa, Toronto, Saskatoon, Calgary, Lethbridge and Winnipeg. 2021 was the first year Winnipeg won the title. Thank you to everyone who joined us in person and on social media.

This year's event committee included Evelyn Mitchell, Dwight MacAulay, Will Christie, Pam Simmons and Peter Heavysage.

THE GREAT CANADIAN KILT SKATE THE ST. ANDREW'S SOCIETY OF WINNIPEG



Music In Scotland - New Artists

Gerry Cinnamon

Travelling through time, listening to Scottish musicians and songwriters, we had the favourites of the traditional artists such as Kenneth McKellar, Andy Stewart, Jim McLean, The Clydesiders and The Alexander Brothers. Going into the 1960's Scotland added artists like Dusty Springfield, Lulu and bands such as The Corries, The Marmalade, The Bay City Rollers and The Average White Band.

The 1970s brought us bands such as The Sensational Alex Harvey Band, Nazareth, Simple Minds and artists such as Midge Ure, Gerry Rafferty, Dougie MacLean, Donnie Munroe and Annie Lennox.

The 1980s brought us bands such as Del Amitri and Run Rig and singers such as Frankie Miller. The late 1990s and early 2000s had artists like The Proclaimers, K.T. Tunstall, Bruno Mars and Amy McDonald. I could go on with more lists but let's get to the subject of this piece.

Being an avid listener of all types of Scottish music, I keep my ear open for new artists "breaking on the music scene ." Since the last two years have not been very prolific in new music due to the pandemic, I have been listening to new artists who are rising Scottish singer/songwriters. The latest artist that I have been listening to is an artist named Gerry Cinnamon.

Gerry is thirty-seven years old. He began his career in 2010 at the age of 26, putting together a band called "The Cinnamons," from which he adopted his stage name when the band broke up a couple of years later. He has two "albums" out now entitled "Erratic Cinematic" and "The Bonny."

Gerry's real name is Gerard Crosbie, born in Castlemilk. If you see a colour picture of Gerry, you'll know why he kept that last name as his stage name. Gerry is a solo artist who performs in an Ed Sheeran style and writes songs similar to the Bob Dylan poetic style, although more up-tempo. He doesn't just stand behind a microphone and only sing.



He plays a mahogany parlour guitar with a pick-up in it. Gerry uses some computer programming in his show to give some depth to his songs and has a relatively large pedalboard to trigger his programmed effects. He plays to large audiences in Scotland and now Ireland. Gerry will play two nights at Hampden Park in Glasgow this July. The last visual show I saw of him was the TRNSMT 2018 Festival on Glasgow Green.

Suppose you watch the video from the show, which is about forty minutes long. In that case, you will note that both the middle-aged audience and young people all know his lyrics, and they sing along to every song he plays.

During his performance, he never stands still other than when he is singing at the microphone, and even then, he is moving. At times he also plays harmonica while playing his guitar. His music is a modern folk style, but it is not traditional songs that have been done in the past. He writes all his own material that he plays in concert. He also sings with a local Scottish accent, similar to how The Proclaimers sang their songs back in the 1990s. He is not a rapper.

Some of my favourite songs from Gerry are "Belter" and "Diamonds in the Mud" from the album "Erratic Cinematic ." Another tune from that album that is very good is "Lullaby ." Other songs from the other album, "The Bonny," are "Ghost," "Head in the Clouds," "Canter," "Where We're Going," and "Fickle McSelfish ." Previous to the two albums, Gerry released two hit singles - "Hope Over Fear" and "Kampfire Vampire." If you want to hear some of Gerry's music, it can be found on Spotify.

Written by Stuart J. Aikman, member since 1997



A Path Forward | Mikan E'Niigaanimok

Continuous Improvement through an Indigenous Lens

By Dwight Powless and Dr. Linda Manning Ph.D.
Published through CultureScapes Inc. Ottawa
Copyright 2021 by Dwight Powless and Linda Manning. 86 pages
Available in paperback and as an eBook for Kindle through Amazon

This is not a book about reconciliation ----although the approach outlined within its pages can help strengthen intercultural relationships and reconcile differences. A Path Forward presents a choice of how to approach projects and undertake work successfully and continuously, taking lessons earned each time to build a stronger foundation for the next job.

At the heart of the approach are basic values that are reflected not just in the human world but within the natural one, too: kindness, honesty and sharing. In nature, academics would call the outcome of these values sustainable and inclusive.

Together they create strength. You feel it and when you do, you can take a path forward with greater confidence. As the prologue Neegaun (At the front) explains, A Path Forward celebrates centuries of thriving Indigenous peoples across the globe. It recognizes the gifts that Indigenous history and wisdom have bestowed on non-Indigenous people.

It seeks to help people understand how those gifts --- those values and how they are lived--- continue to add to the growth and development for all of us.

It does this by presenting a series of conversations between the authors, Dwight Powless and Linda Manning.

Dwight is a Mohawk man originally from Six Nations near Brantford Ontario and he presents himself an adoptee of Anishinaabe Culture. The perspectives he offers flow from decades of learning how to practice the values of kindness, honesty, sharing and strength. These four values are universal, and they are integral to the teachings he learned from his late traditional teacher.

He spent decades with the federal civil service at Canada Post and went on to a post-retirement career as a Community Liaison at Algonquin College on their Indigenous portfolio as where he met his co-author, and along the way, built on these values in his personal and professional life.

Linda Manning is a retired university professor who taught at U. Missouri-Rolla in the States and at U of Ottawa in Canada and as an intercultural economist she heads up a consulting business in Ottawa called CultureScapes Consulting and Training. She repairs toxic workplaces.

Each conversation builds on elements from their backgrounds. These are then broadened with the addition of Anishinaabe chapter titles and explanations. Those are brought in by Albert Owl, an Anishinaabeowin teacher with Niigaaniin, North Shore Tribal Council at their office in Sagamok Anishinaabek near Sault Ste. Marie, Ont.

As Dwight and Linda hold their conversations, they explore how the perceptions from their cultures and experiences can be brought to bear without bias or assumptions. It's harder than it sounds because you must be alert and pay attention to begin this process, to improve it and to experience success.

It's designed to be both a process and a product--value-based, sustainable and inclusive. The idea is to feel good about what you're doing.

The conversations present a model the authors call iDRAFT. It's elegant in its simplicity.

Using honesty and sharing you start by laying a foundation of what you intend to do, you make up your mind, prepare what you'll need, take action and get to work. As the work flows forward, it reaches a natural completion. Then you take stock and transition on to the next project. It's an organic, natural cycle of continuous improvement.

Both Dwight and Albert are old friends of mine and we learned the same values: to do good, do right and do well at many of the same ceremonies over a number of decades.

As Nick Javor, former SVP Corporate Affairs Tim Hortons noted on the book jacket, "A Path Forward is a terrific read. "Dwight and Linda have done a masterful job explaining to those of us in corporate Canada who have subscribed to the various doctrines of continuous improvement for a better bottom line that there is simply a better way to think about all of this. And we only need to turn to the Anishinaabe for a better way. The iDRAFT model that the authors present is profound. It provides a path that we can all use in our personal and professional lives," Javor noted.

Couldn't put it better, myself.

---Written by Alexandra Paul, member since 2015

18 Things to Know About Robert Burns



On the 25th of January each year, the birthday of Scotland's most famous poet Robert Burns is celebrated with Burns Night. The traditional supper includes a meal of haggis, neeps, and tatties, whisky and reciting poetry written by the 18th-century poet.

- On the 25th of January each year, the birthday of Scotland's most famous poet Robert Burns is celebrated with Burns Night. The traditional supper includes a meal of haggis, neeps, and tatties, whisky and reciting poetry written by the 18th-century poet.
- Here are 18 interesting facts about Robert Burns. Many you may already know, many you may not.
- Robert Burns was born on January 25, 1759, in Alloway, Ayrshire, Scotland.
- He died aged just 37 on July 21, 1796, but in his short life, he composed a vast catalogue of poetry and songs that have been poured over, enjoyed, and spoken aloud for more than 200 years.
- Robert Burns originally spelled his name "Burnes".
- Robert Burns is also known as Robbie Burns and also referred to himself as Robin and Rab (but never Rabbie).
- Burns penned his first poem at the age of 15. (O Once I Loved a Bonnie Lass, also known, more simply as Handsome Nell)
- Burns authored his poems in Scots, standard English, and Scots dialect.
- In his personal life, Burns dedicated hundreds of lines of verse to women and fathered 12 children, nine to his wife Jean Armour.
- Burns was going to move from Scotland to Jamaica. He decided against this when sales of his poetry collection Poems, "Chiefly in the Scottish Dialect" (also known as the Kilmarnock Edition), originally meant to finance his journey, took off. He moved to Edinburgh instead, where the second edition of his poetry book was published.
- For all his fame, Burns never forgot his humble roots. His love for farming stayed with him throughout his life and his writing often dealt with issues affecting the poorer classes, notably highlighting the need for greater social equality.
- The body of Robert Burns rests in the Burns Mausoleum in St Michael's Churchyard, Dumfries. z
- The first Burns supper was held in July 1801 when nine of Burns' close friends got together to mark the fifth anniversary of their friend's death. It took place at Burns Cottage in Alloway and included a meal of haggis and performances of Burns' work. 1
- That first Burns Supper also included a speech in honour of the great Bard, which is now known as the Immortal Memory.
- These days, Burns' Suppers are held on, or near, the day that would have been Burns' birthday, January 25. Most common, of course, in Scotland and parts of England, they are, however, a global phenomena. In Winnipeg they are held at many Legions, Masonic Temples, as well as among pipe bands, and highland dance groups. The Winnipeg Robert Burns Club held it's first in 1908 and annually since, until the Covid-19 pandemic caused a postponement. The club hopefully will restart the tradition in 2023.
- There are more statues, monuments and memorials dedicated to Robert Burns than any other non-religious figure, after Queen Victoria and Christopher Columbus. One of those, of course in our city, on the grounds of the Legislative Building.
- In Scotland, there are some 20 official Burns memorials dotted around the country, from Aberdeen to the final resting place of Burns in Dumfries, which commemorate his journey from Ayrshire to "Auld Lang Syne".
- Robert Burns was voted "The Greatest Scot" by viewers of Scottish TV (STV) in 2009. He beat other great Scottish figures, including William Wallace, Sir Alexander Fleming, and Robert the Bruce.

Submitted by Colin Harris, member since 2011

Scotch Stories

The archipelago to the west of the Scottish mainland are known as the Hebrides, with the Isle of Islay being the third largest of the Inner Hebrides and its most southern island.

The island has evidence of settlement from the Neolithic period with documented references going back as far as the start of the Common Era. It's unknown when, exactly, distillation found its way to Islay's shores, however the Bowmore Distillery is the oldest on record.



The word Bowmore comes from the Gaelic "Bogh Mòr" or "Big Bend", likely referring to the sharp turn the road from Port Ellen makes as it follows the shores of Loch Indaal. The origins of the town date back to the late eighteenth century, when Daniel Campbell the Younger began construction of the village, anchored around the newly-built Kilarrow Parish Church in 1767. The old village of Kilarrow had been five kilometers along the shoreline, at the most eastern part of the lake by Brigend and Islay House, but after the "Round Church" was erected the village of Bowmore was planned around it in 1770. The inhabitants of Kilarrow were then relocated to Bowmore during the demolition of their older village, although the Kilarrow Old Churchyard still exists today.

It didn't take long before a distillery was established in 1779 by John Simpson, and shortly after passing hands into the Mutter family improvements were made to the distillery including a steamship for transporting glassware, coal, and barley one way, and returning full bottles back. In more



modern times it was Bowmore's whisky that formed the third leg of mainstream single malts in Winnipeg, shared with The Glenlivet and Glenfiddich. This isn't to say other whiskies didn't exist, but as an Islay single malt you'd be more apt to find a Bowmore in someone's collection than a Lagavulin or a Laphroaig.

Bowmore's range is rich and diverse, with a smoky offering for multiple finishes and pocketbooks. The Bowmore 15, previously known as the Bowmore Darkest, is a fifteen year old that starts with twelve years in bourbon before a final three years in oloroso sherry, and a bottling at 43% ABV. A little pricier than their entry level releases, it's a good balance of character and value. Bowmore's releases are also typically on the softer side of smoke at 25 ppm, and great introduction to Islay whiskies. The nose contains a light smoke and brine from resting in their No. 1 Vaults, along Loch Indaal. Further breaths bring in oiled woods, and a sweet red meat that reminds me of maple bacon. On the tongue it's very smooth, with the wood smoke mixing with the characteristic anise of Bowmore, developing into aged tobacco and leather, before changing to a tartness and coal smoke on the finish.



---Written by Will J. Christie, member since 2014



WELCOME

New Members

Family Members:

Graham Jakilazek and Graham Jakilazek, Christy Kowalenko and son Luke
Sarah Perrin and Adam Mathieson and sons James and Alexander

Individual Members:

Iain Scott, Murray Ross, Christopher Lawson, Glen MacAngus, Hon. Heather Stefanson, Paul McCulloch, Don Parks

Member Profile:



Graham Jakilazek, Christy Kowalenko and son Luke

Growing up with his Grams mince and tatties – which he says are the best, but his Mom's are pretty good too – along with a mom and grandparents who immigrated to Canada from Scotland, joining the St. Andrews Society of Winnipeg for Graham Jakilazek, his wife Christy and son Luke was only a matter of time.

"My mom, grandpa, grandma, all on my mom's side, were born in Scotland and moved here when she was 8. My grandpa served in the Royal Navy as well, and when they came here to start a family, being Scottish and making it part of our lives was a part of their life. When me and my brother came along, being Scottish was an important part of who were."

From spending many summers in the "Scottish Circle" at Brokenhead River Park in Beausejour, Manitoba, watching hours upon hours of Coronation Street, playing shuffleboard at the Legion with his brothers and dining on Grams cooking, including the occasional Scottish meat pie and scotch tasting – as an adult – Graham has spent his life immersed in Scottish culture.

The Jakilazek Family

We just got a family membership this year. It was the first time this option was available, and we took advantage of it," said Graham. "My wife is Ukrainian and very close with her heritage. It was important in our home that we bring both of our heritages together and help expand our knowledge of the Scottish history here in Manitoba, and our Ukrainian heritage too."

Graham credits SaSOW's new family membership as one of the main reasons he and his family decided to join this year.

"A family membership means that we can all be involved in events and activities. I am a dad and loved growing-up learning about my Scottish heritage with my family, so I want to do that for my son. It's also pretty cool that my Mom is the Society's first woman president, and I hope one day when my son is old enough, he will join as a member to carry on this great tradition."

Since joining the Society, Graham and his family braved the -40 temps to participate in the Great Canadian Kilt Skate this past Winter. Still, they're looking forward to better temperatures and more opportunities to meet St. Andrew's Society members and participate in more cultural events.

When they aren't skating on the river trail in their kilts, you can find Graham, Christie and Luke spending their summers out at Winnipeg Beach.

If you want to learn more about the new Family Membership available to members of the St. Andrew's Society email *Conor Lloyd* at standrewssocietywpg@gmail.com



New Members Event - May 18



Do you know an individual or family who would be interested in membership in the Society? Please invite them to join us on May 18 as we celebrate new members.

For more info or to register: standrewssocietywpg@gmail.com

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